

Manli™

Extract of *Epimedium sagittatum*, Maca (*Lepidium meyenii*) Root, *Tribulus terrestris* Fruit, Tongkat Ali (*Eurycoma longifolia*) Root, Muira Puama Bark, *Polypodium vulgare* Root, *Panax ginseng*, Black Pepper and L-Arginine

COMPOSITION

Manli™ Capsule: Each capsule contains *Epimedium sagittatum* Extract 500 mg (equivalent to 50 mg Icarini), Maca (*Lepidium meyenii*) Root 125 mg, *Tribulus terrestris* Fruit Extract 37.5 mg, Tongkat Ali (*Eurycoma longifolia*) Root Extract 50 mg, Muira Puama Bark Extract 10 mg, *Polypodium vulgare* Root Extract 10 mg, *Panax ginseng* Extract 10 mg, Black Pepper Extract 2.5 mg and L-Arginine (as L-Arginine HCl) 50 mg.

DESCRIPTION

Epimedium sagittatum, also known as Horny Goat Weed, is an herb from the *Epimedium* genus. The medicinal properties of the plant are primarily found in the leaves and roots, which contain flavonol glycosides and icariin. *Epimedium sagittatum* has been used in traditional Chinese medicine for centuries to help boost libido and energy, as well as enhance sexual health and performance.

PHARMACOLOGY

The major active component of *Epimedium sagittatum* (Horny Goat Weed) is icariin. Icarin acts as a phosphodiesterase inhibitor, which increases blood flow to the penis and improves sexual function. Maca root has been shown to enhance sexual desire and increase sperm count and motility. The potential bioactive ingredients in maca include macaridine, macamides, macaene, glucosinolates, maca alkaloids & maca nutrients. *Tribulus terrestris* fruit extract contains steroidal glycosides (saponins), which increase energy levels, boost various sex hormones and improve sperm count and motility. Tongkat Ali increases the frequency and duration of sexual performance. It can also help boost sex drive and protect the body from stress. *Epimedium sagittatum*, combined with other natural vitality ingredients (Maca Root, *Tribulus terrestris* Fruit, Tongkat Ali Root, Muira Puama Bark, *Polypodium vulgare* Root, *Panax ginseng*, Black Pepper) and L-Arginine, provides an effective solution for increasing libido and enhancing sexual health.

INDICATIONS

Manli™ Capsule is indicated for -

- ◆ Enhancing libido and sexual health
- ◆ Managing erectile dysfunction
- ◆ Improving endurance and stamina
- ◆ Boosting energy, vitality and performance

DOSAGE & ADMINISTRATION

For Adult (≥18 years):

Take 2 capsules once daily, preferably with food, 1-2 hours before physical activity. Or as directed by the physician.

SIDE-EFFECTS

Some individuals may experience side effects, which can include difficulty breathing, a racing heart, sweating & feelings of being hot.

CONTRAINDICATION

Do not use if you are known hypersensitive to any of the ingredients.

PRECAUTIONS

Epimedium sagittatum might slow blood clotting. This might increase the risk of bleeding during surgery. Stop taking horny goat weed at least 2 weeks before surgery. People should not take horny goat weed if they have hormone sensitive cancer, as the herb has been shown to promote estrogen production. People with heart disease should avoid horny goat weed, as it can potentially lead to rapid, irregular heartbeat, shortness of breath and excitability.

DRUG INTERACTIONS

Epimedium sagittatum may have negative interactions with certain medications, including warfarin, Amitriptyline, cyclosporine, phenytoin, nitrates, estrogen, clarithromycin, erythromycin & drugs causing hypotension.

PREGNANCY & LACTATION

Do not use during pregnancy or lactation.

STORAGE

Store at dry place below 30 °C temperature away from direct sunlight & moisture. Keep the medicine out of the reach of children.

HOW SUPPLIED

Manli™ Capsule: Each box contains 10 capsules in Alu-Alu blister pack.

Manufactured by

SQUARE PHARMACEUTICALS PLC.
HERBAL DIVISION

BSCIC, Pabna, Bangladesh

www.squarepharma.com.bd

